

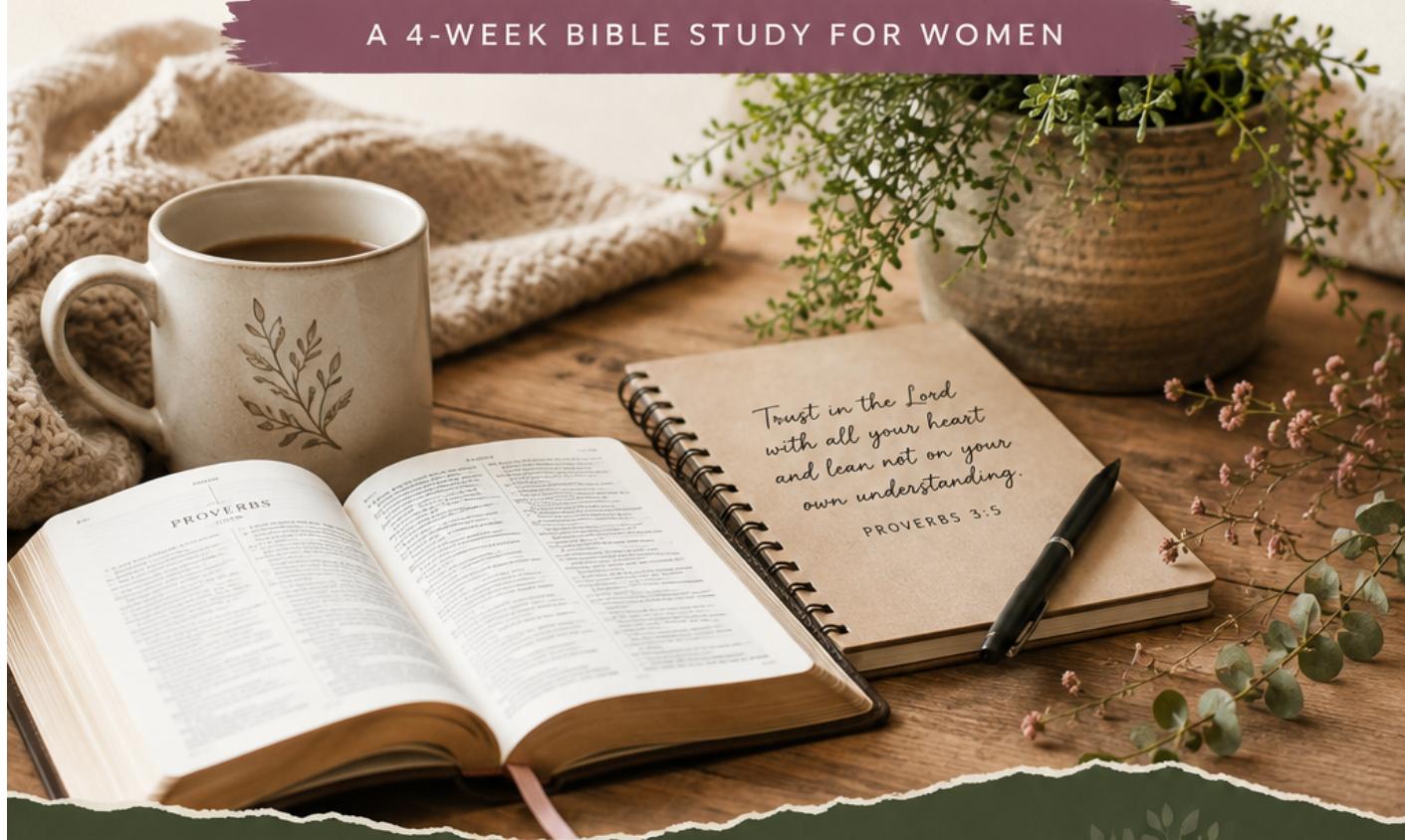


ROOTED in Wisdom

THE FOUNDATION OF BIBLICAL WISDOM



A 4-WEEK BIBLE STUDY FOR WOMEN



KEY PASSAGE:
Proverbs 1:1–7



MAIN GOAL:
To help women understand that biblical wisdom is not merely making good decisions—it begins with fearing the Lord, grows through knowing His Word, and is displayed in everyday obedience.



THE FOUNDATION of Wisdom

TEXT: PROVERBS 1:1-7



BIG IDEA: True wisdom begins with fear of the Lord.

The fear of the Lord is the beginning of knowledge, but fools despise wisdom and instruction.

PROVERBS 1:7



OBJECTIVES

- 1 Define biblical wisdom.
- 2 Explain the purpose of Proverbs.
- 3 Distinguish knowledge from wisdom.
- 4 Describe what it means to “fear the Lord.”



ACTIVITIES

- Highlight repeated words and phrases in Proverbs 1:1-7
- Define “fear of the Lord” using extrabiblical resources
- Discuss the difference between worldly wisdom and biblical wisdom
- Write one practical area where wisdom is needed this week



TEACHING MODALITIES

- Individual reflection and journaling sheet
- Guided inductive Bible study using observation questions
- Scripture memory verse notecard



MATERIALS NEEDED

- Bibles
- Journaling sheet
- Highlighters and pens
- Extrabiblical resources/dictionaries
- Memory verse notecards



LESSON SUMMARY

Wisdom is more than being smart or having good advice. The book of Proverbs teaches that true wisdom begins with fearing the Lord. This means reverencing God, trusting His Word, and choosing obedience over our own understanding. This week we will discover what biblical wisdom is and why it is the foundation for every wise decision we make.



MEMORY VERSE

“The fear of the Lord is the beginning of knowledge, but fools despise wisdom and instruction.”

PROVERBS 1:7



PRAYER FOCUS

Lord, help me to see that true wisdom begins with fearing You. Teach me to trust Your Word and live it out in my everyday decisions. Give me a heart that values Your wisdom above the wisdom of the world. Amen.



WEEKLY CHALLENGE

Each day this week, read Proverbs 1–3 and write down one truth about wisdom that stands out to you.



CROSS-CULTURAL CONSIDERATION

Wisdom is valued in every culture, but the way it is defined can differ. In some cultures, wisdom is tied to age, status, or life experience. In studying Proverbs, we learn that wisdom comes from fearing the Lord. When teaching in another culture, use examples that reflect their daily life—family, community, work, or honor—while pointing people to the universal truth that true wisdom begins with God.



TWO PATHS

Wisdom or Folly?



TEXT: PROVERBS 1:8-33



BIG IDEA: Every person must choose between wisdom and folly.



The simple believe anything, but the prudent give thought to their steps.

PROVERBS 14:15



OBJECTIVES

- 1 Identify two competing voices.
- 2 Explain why wisdom calls publicly.
- 3 Recognize the consequences of rejecting wisdom.
- 4 Describe what it means to “fear the Lord.”



ACTIVITIES

- Character comparison chart for visual enhancement
- Discussion – work through *modern day* scenarios that require wisdom
- Identify the consequences of accepting or rejecting wisdom and then share that with a partner
- End in guided prayer to choose biblical wisdom



TEACHING MODALITIES

- Interactive lecture
- Case study learning
- Think-Pair-Share activity
- Reflection journal



MATERIALS NEEDED

- Bibles
- Journaling sheet
- Case study scenarios
- Character comparison chart
- Notebooks or journals
- Pens
- Whiteboard or poster paper



LESSON SUMMARY

Proverbs presents two paths before us—wisdom and folly. Wisdom calls out in the streets, inviting us to live and walk in truth, while folly is loud and enticing but leads to destruction. This week we will learn to recognize these two voices, choose wisely, and understand the life-giving consequences of walking in God’s ways.



MEMORY VERSE

“The simple believe anything, but the prudent give thought to their steps.”

PROVERBS 14:15



PRAYER FOCUS

Lord, give me discernment to hear Your voice above all others. Help me choose wisdom over folly and walk in Your way so that my life can honor You and lead others closer to You. Amen.



WEEKLY CHALLENGE

This week, pause before every major decision and ask: “Which path is this leading me down—wisdom or folly?” Write your thoughts and choices in your journal.



CROSS-CULTURAL CONSIDERATION

The choice between wisdom and folly is universal, but the distractions and voices we face can differ across cultures. Adapt scenarios and examples to reflect the real-life challenges people face in your context—such as family expectations, cultural traditions, economic pressures, peer influence, or spiritual beliefs. The call of wisdom remains the same: choose life.



PURSUIING

Wisdom



TEXT: PROVERBS 2



BIG IDEA: Wisdom is something to seek diligently because it comes from God.

“For the Lord gives wisdom; from His mouth come knowledge and understanding.”

PROVERBS 2:6



OBJECTIVES

- 1 Explain the relationship between grace and effort.
- 2 Trace God's promises to those who seek wisdom.
- 3 Apply Proverbs 2 to everyday decision-making.



ACTIVITIES

- Trace promises through Scripture connected to seeking wisdom
- Examine cross references in James and the Psalms
- Journal how spiritual disciplines cultivate wisdom



TEACHING MODALITIES

- Word Study
- Cross-references tracing
- Collaborative learning
- Small group discussion



MATERIALS NEEDED

- Bibles
- Cross-reference tools (concordance, Bible app)
- Journals
- Pens or pencils
- Whiteboard or chart paper



LESSON SUMMARY

Wisdom is not found by accident—it is pursued. Proverbs 2 shows that God promises wisdom to those who seek Him with all their heart. This week we learn how God's grace empowers our effort, and how daily practices draw us closer to His wisdom.



MEMORY VERSE

“For the Lord gives wisdom; from His mouth come knowledge and understanding.”

PROVERBS 2:6



PRAYER FOCUS

Lord, help me seek You wholeheartedly. Teach me to pursue Your wisdom daily through Your Word, prayer, and obedience. Give me discernment in every decision I face. Amen.



WEEKLY CHALLENGE

Choose one spiritual discipline this week (Bible reading, prayer, worship, fasting, or serving) and commit to practicing it daily as an act of seeking God's wisdom.



CROSS-CULTURAL CONSIDERATION

The desire for wisdom exists in every culture, but the way people seek it can vary. Help students consider how seeking wisdom through Scripture and relationship with God may look different in their own culture versus others. Encourage respect for cultural practices while staying rooted in biblical truth.



WEEK 4

LIVING WISELY

Every Day

TEXT: PROVERBS 3:1-12



BIG IDEA: Wisdom transforms everyday life.

Trust in the Lord
with all your heart
and lean not on
your own
understanding.

PROVERBS 3:5



OBJECTIVES

- 1 Explain trusting the Lord with all your heart.
- 2 Identify practical expressions of wisdom.
- 3 Develop a personal action plan.



ACTIVITIES

- Testimony/applications
- Group discussion on what has been learned throughout the study
- Scripture meditation on a verse that stood out most
- Reflection on how to live it out



TEACHING MODALITIES

- Action plan worksheet
- Reflection worksheet
- Guided prayer to grow in wisdom



MATERIALS NEEDED

- Bibles
- Action plan worksheet
- Reflection worksheet
- Pens
- Journal



LESSON SUMMARY

Wisdom is more than knowledge—it is a way of life. Proverbs 3 shows us that wisdom begins with trust, continues with obedience, and results in peace, protection, and direction from God. This week we focus on applying God's wisdom in our daily choices and relationships.



MEMORY VERSE

*"Trust in the Lord
with all your heart
and lean not on
your own
understanding."*

PROVERBS 3:5



PRAYER FOCUS

Lord, help me to live wisely every day. Teach me to trust You with all my heart and not rely on my own understanding. Give me the strength to obey Your Word and the wisdom to make choices that honor You in every area of my life. Amen.



WEEKLY CHALLENGE

Choose one practical way you will apply wisdom every day this week. Evaluate your progress at the end of the week and celebrate what God has taught you.



CROSS-CULTURAL CONSIDERATION

Living wisely looks different across cultures, but the principles remain the same. In some cultures, obedience to God is expressed through family honor, hard work, hospitality, or community service. Encourage participants to identify how God's wisdom can be lived out faithfully within their own culture and daily environment.

